

# **SMOKEWORKS DIY MEAL KIT**

THE FOOD IN YOUR KIT COMES FROZEN. PLEASE DEFROST THE RIBS, PULLED PORK AND BBQ SAUCE OVER NIGHT IN THE FRIDGE IN PREPARATION FOR COOKING. THE WINGS CAN BE COOKED FROM FROZEN.

## **METHOD**

PREHEAT CONVENTIONAL OVEN TO 200C

### **BABY BACK PORK RIBS**

**Preheat oven. Remove from packaging, and place in a shallow baking tray or shallow ovenproof dish. Add 2 tbsp of water and knob of butter on top of the rack of ribs. Cover with foil and cook for 30 minutes in the lower part of the oven. After this time brush on some of our BBQ sauce and cook for a further 8-10 minutes uncovered until the glaze is dry and the ribs are piping hot.**

### **PULLED PORK**

**Preheat oven. Mix 1-2 tbsp BBQ sauce with 2-3 tbsp of water. Empty meat and break up into either a shallow ovenproof dish or tray. Pour over the thinned BBQ sauce and cover with foil. Place in the lower part of the oven and cook for 25 minutes until piping hot.**

### **CHICKEN WINGS**

**Preheat oven. Remove from packaging. Place chicken wings on a baking tray and heat in the top part of the oven. Turn half way through cooking. Cook for 40 minutes until piping hot & crispy.**

ALL HEATING TIMES ARE A GUIDE ONLY. ADJUST TIMES ACCORDING TO YOUR APPLIANCE.

THE FOOD CONTAINED WITHIN THIS MEAL KIT IS PROVIDED FROZEN. PLEASE CONSUME WITHIN 2 DAYS ONCE DEFROSTED.

**ALLERGY INFO:** THE FOOD WITHIN THIS MEAL KIT CONTAINS THE FOLLOWING ALLERGENS: **CELERY, GLUTEN, EGGS, MILK, MUSTARD, SOYA & SULPHUR DIOXIDE.**